Forth Bridge Abseil Participation Agreement 2026

Abseil Participation Agreement: Zone Events Limited (CN: SC595805) (Zone Events)
The Abseil (defined below) is organised by Chest Heart & Stroke Scotland (CN:018761) (**Charity**) as the event owner and will take place at the Forth Rail Bridge, South Queensferry, Scotland (**Location**). Zone Events is an experienced service provider of at height events, including abseiling events, and the Charity has engaged Zone Events to operate the Abseil. It is important that you read and understand this agreement before signing. If there is anything that you do not understand please ask for further information. Registration is non-transferable and you confirm that you are the participant(s) for which personal details are provided below and will not give your place to anyone else, pretend to be anyone else or swap any participant identification methods that may be used by Zone Events at any time.

1 Nature of the Abseil and Associated Risks

1.1 You will descend down to ground level by abseil using a rope and climbing equipment provided by Zone Events from a height of 50 meters at the Location (**Abseil**). The Abseil is mentally and physically challenging with high levels of height exposure. The Abseil may be held in adverse weather conditions such as snow, wind, ice, fog, humidity and rain.

1.2 Participation in the Abseil may expose you to potential dangers and risks and this type of activity may cause injuries that include but are not limited to: bruises, abrasions, strains, muscle tension, dizziness, psychological stress, sprain, broken bones, dislocations and, although we consider it highly unlikely, there is a possibility of death. Some of the risks associated with the Abseil are inherent. These are risks that cannot be eliminated completely (without changing the challenging nature of the Abseil) regardless of the care, measures and precautions taken by Zone Events. By taking part, you knowingly assume these risks. Other risks can be mitigated by you by ensuring that you and anyone under your supervision follows the **Safety Rules** and any instructions given to you (or them) by Zone Events personnel.

2 Safety Rules

2.1 Zone Events has instituted its Safety Rules for the protection of everyone attending the Abseil including participants. You will ensure that you and any participant under your supervision follows the Safety Rules and any instructions given.

2.2 You acknowledge, understand and agree that you must:

- be 16+ years old (noting that if you are aged between 16-17 years old a parent/legal guardian **must be present during the Abseil**) **OR** be 18+ years old;
- be at least 140cm tall;
- weigh less than 120kg;
- have a head circumference no larger than 48-61cm;
- not wear any necklaces, chains or loose jewellery;
- wear sensible footwear fastened securely (no high heels, slippers or loose fitting shoes will be permitted);
- wear appropriate clothing which must include long sleeves and trousers (no hoodies or shorts);
- tie up your hair (if long enough to do so);
- ensure glasses and eyewear have a banded strap and are securely attached and cannot fall off, otherwise they must be removed;
- not adjust or remove the harness or helmet once fitted;
- not carry your phone or any loose items (noting that you are responsible for your personal belongings during the Abseil)
- act responsibly and courteously at all times;
- listen carefully and follow instructions from instructors at all times;
- use all equipment provided to you in accordance with the instructions provided;
- not smoke or vape;
- not be under the influence of alcohol or non-prescription drugs (or any other drugs that might hinder participation); and
- have no known or knowable medical or other conditions that would affect your ability to safely participate in the Abseil (inc. pregnancy), or that would result in a risk of danger to yourself or to others. It is your responsibility to monitor your physical and mental health on the lead up to and during the Abseil If you have any doubts about your physical fitness or health, it is your responsibility to consult with a qualified medical professional before taking part.

2.3 If you fail to adhere to these Safety Rules, participation in the Abseil may be denied without any liability to you by Zone Events.

2.4 Zone Events will use reasonable care and skill to operate the Abseil taking into account the nature of the Abseil and associated risks.

3 Our liability

Zone Events will not be liable for any direct or indirect loss, for any loss, theft, or damage to personal property or for personal injury or death arising from or in connection with your participation in the Abseil, including your failure to abide by the foregoing Safety Rules (except death or personal injury caused by Zone Event's negligence).

4 Personal data

4.1 We use and are responsible for certain personal data you provide us for the purposes of providing the Abseil. We rely on the lawful basis of performance of a contract when processing your personal data. If you do not provide the personal data we ask for, it may prevent us from providing the Abseil to you.

4.2 We will store your data, and this is subject to the UK General Data Protection Regulation (UK GDPR) and agreement with Chest, Heart and Stroke Scotland. Our privacy policy is available at www.zoneevents.co.uk/privacy-policy and sets out in more detail how and why we collect, store, use and share your personal data including in any photos and recordings captured during the Abseil which may be provided to us by the Charity (or its licensors) for promoting, advertising and marketing the Abseil and other events operated by us.

4.3 In the event of an injury that renders you unconscious or incapable of making a medical decision, you authorise Zone Events personnel and emergency medical personnel to make emergency medical decisions on your behalf (including, but not limited to CPR and use of an Automated External Defibrillator), to secure emergency medical care or transportation for you when deemed necessary by Zone

Events and to inform your emergency contact.

5 Acknowledgement

5.1 I have carefully considered all the risks involved and am willingly and voluntarily participating in the Abseil.

5.2 I agree that my participation is subject to my compliance with: a) the terms of this Participation Agreement; b) the Safety Rules; and c) all directions, instructions and decisions of Zone Events personnel on the day of the Abseil.

5.3 I confirm that I am aged 18 years or over on the date of signing this Participation Agreement. **OR**, if I am aged 16 or 17 years old on the date of signing this Participation Agreement, I confirm that my parent/guardian has also signed this Participation Agreement and that they are aged 18 years or over on the date of signing this agreement.

5.4 This Participation Agreement is governed by Scots law and any dispute that arises relating to the operation of the Abseil will be subject to the exclusive jurisdiction of the Scottish courts.

6 Data Protection

We will use your data to provide you with important and relevant information regarding the event, to support you in your fundraising, and provide the services and experiences that are fundamental to your safe and enjoyable participation in the event. Your data for this event will be shared with select organisations to fulfil your participation in the event and will only be held for this purpose in line with your legislative rights. We will never sell your personal information to third party organisations. More information about how we protect and use your data can be found on our website in our privacy policy.

Personal details

PARTICIPANT INFORMATION:	
First Name:	**Last Name:**
Address:	**Phone Number:**
Age:	
PARENT/GUARDIAN DETAILS (for participants aged 16-17 only)	
Full Name:	
Relationship to Participant:	
Contact Number:	
EMERGENCY CONTACT FOR PARTICIPANT	
Emergency Contact Name:	**Emergency Contact Number:**
Relationship to Participant:	

Declarations

MEDICAL CONDITIONS, OTHER CONDITIONS AND SUPPORT REQUIRED
Please provide details of any medical conditions or other conditions that Zone Events should be aware of which may affect your participation in the Abseil:
Please provide details of any particular support you require:

Signatures

SIGNATURE OF PARTICIPANT (IF OVER THE AGE OF 16)	
Signature:	**Date:**

PARENT/GUARDIAN CONSENT (for participants aged 16-17 only)	
In the case of the participant being under 18 years of age, the following must be read and signed by the parent/guardian. I understand that I, as a parent/legal guardian of the participant, **must be present at all times during the Abseil**. In the case of an emergency, I agree to the participant, named above, being given medical, surgical or dental treatment, including general anaesthetic and blood transfusion, as considered necessary by the medical authorities present. I have read the Participation Agreement including information about the proposed Abseil and Safety Rules for participation. I consent to the participant taking part in the Abseil, and, having read the Participation Agreement, declare the participant to be in good health and physically able to participate in the Abseil. I will ensure that any change in circumstances (e.g. recent illness, medication or injury), which will affect the participant's participation in the Abseil will be notified to Zone Events prior to the Abseil.	
Signature of parent/guardian:	**Date:**