

Winter Foam Dough

What you will need –

- White shaving foam
- Corn starch
- Variety of food colouring
- Sequins (optional)
- Glitter (optional)
- Clear jar, i.e. old jam jar
- Bowl & spoon



Method:

1. Add equal amounts of cornflour and shaving foam to the bowl
2. Add in some food colouring and start to mix
3. If you want stronger colour add more food colouring
4. Start to add in other ingredients like sequins or glitter
5. Once mixed, play with your foam dough – you can add small toys to your foam dough
6. Once finished you can transfer foam dough to jar to store until using again

Benefits:

- Develop fine motor skills and strengthen hand muscles.
- Encourages imagination and creativity
- Promotes play through touching textures either with hands or feet or in any way they can.
- By adding toys creates a fun element to this experience, by hiding and searching for all the different items in the foam dough.