

Rainbow Spaghetti Sensory Bin

What you will need –

- Spaghetti
- Zip-lock food bags
- Variety of food colourings
- Water
- Tray or container



Method:

1. Cook spaghetti, drain and cool
2. Once cool, add spaghetti to zip lock bag
3. Add in a few drops of the food colouring
4. Close the bag and shake, squeeze and turn until spaghetti is coloured
5. If you need add little more food colouring to increase colour
6. Leave the pasta in bags to dry
7. Pour out into your tray or container to play with
8. You can also add toys into the pasta to hide and play with

Benefits:

- Develop fine motor skills by exploring different colours of pasta in tray
- Exploring textures, either with hands or feet

- By adding other materials or toys, adds a fun element to this experience searching for different items hidden in the sensory tray

Incorporate Learning Activities

- **Colour Sorting:** Sort the Pasta by colour, reinforcing their understanding of colour recognition.
- **Counting and Math:** Count the number of Pasta in each colour section or create patterns and sequences.

