

Paint balloon

What you will need –

- Balloons
- Paint
- Water
- Space in freezer
- Large paper



Method:

1. Add water to the balloon to half fill
2. Add in a small squirt of paint
3. Tie balloon and shake to mix water and paint
4. Place balloon into freezer overnight
5. Once balloon is fully frozen, remove from freezer
6. Cut the top of the balloon and remove frozen paint ball
7. Tape a large sheet of paper to the floor – it is best to use space outside
8. Roll your paint ball in all different directions to create different patterns
9. Leave paper to dry and enjoy your balloon art

Benefits:

- An activity for the whole family
- Best enjoyed in the sunshine outside

- Explores curiosity, exploring cold, ice and colour
- Promotes concentration skills and independent play
- Develops fine and gross motor skills
- Finished activity is a beautiful piece of art created by the family

