

# Chickpea Rainmaker

## What you will need –

- Dried Chickpeas (From Rainbow Chickpea activity)
- Cardboard tube (toilet paper, kitchen towel or wrapping paper tubes all work well)
- Paper
- Cello tape



Optional:

String, ribbon, feathers, colour pens to decorate the tube.

## Method:

1. Make sure you already completed your Rainbow Chickpeas Activity first
2. Take your cardboard tube and your paper, place the tube standing on the paper and draw around the tube onto the paper
3. Once you remove the tube from the paper you will have a circle on the paper, now draw a larger circle around this smaller circle you will want to make 2 of these one for the top of the tube and one for the bottom of the tube



4. Use your scissors to cut out the big circle



5. Now cut from the big circle into the smaller circle



6. Place one of the cut-out circles at the bottom of your cardboard tube and secure it with cello tape

7. Take a handful of chickpeas and place them in the tube
8. Now take the second cut out circle and place it at the top of the cardboard tube and secure it with the cello tape.
9. You can now decorate you tube with any optional extras (see images for some ideas)

## Benefits:

- **Fun:** this is a fun activity that the whole family can do
- **Stimulate the Senses:** from exploring the chickpeas to the noise of the finished rainmaker, this activity will provide audio sensory experiences as well as touch and visual sensory experiences.
- **Develop Fine Motor Skills:** By scooping, pouring, and sorting materials, children refine hand-eye coordination and dexterity.
- **Support Emotional Regulation:** The calm, repetitive actions in a sensory bin can help children focus and relax.

