

January 2023

Issue #10



Welcome!

In this edition of Care and Connect, find out about our upcoming parent/carers conference, celebrate the anniversary of the transfer of our VILD services, and learn about an exciting art exhibition in Dundee next month.

Send your feedback to communications@sensescotland.org.uk.

Parent/carers conference

Sense Scotland would like to invite you to our Parent/Carer Conference 2023. The day will be a mix of presentations, group activities and workshops.

In the morning session, which you can also join remotely, you will hear about the work of Sense Scotland and have the opportunity to help shape and inform our new three-year strategy. The focus for the afternoon session will be parent/carers wellbeing with information on key topics and workshops including crafts, drumming and emergency planning.

Whether joining the morning session online or attending the day in person, there will be opportunities to meet and chat with other parents and carers. For those attending in person, a buffet lunch will be provided.

Who should attend?

This event is open to parents and unpaid carers of individuals with complex and sensory disabilities.

Can the person I care for or other family members attend too?

The conference is aimed at parents and carers. Unfortunately, due to the availability of space and staffing, we are not able to accommodate additional family members.

Can I join online?

The morning session, and the session 'Behaviour as Communication' which begins at 12.50pm, can be joined via Zoom. The rest of the programme will not be available online.

Programme

<u>Time</u>	<u>Activity</u>
10am	Tea and coffee on arrival
10:30am	Welcome and housekeeping*
10:40am	Where are we today?*
11am	Where do we want to be?*
11:20am	Group activity*
11:45am	Feedback from activity
12pm	Lunch
12:45pm	Welcome to the afternoon

12:50pm	Behaviour as communication*
1:30pm	Workshop 1
2:10pm	Workshop 2
2:50pm	Plenary and close
3pm	Tea and coffee

How do I book a ticket?

To book your free place for either the in-person or online event, visit our Eventbrite collection at bit.ly/4091smT.

Re-discover exhibition

The Arts Team are excited to announce the launch of Re-discover, an exhibition of work from artists supported by Sense Scotland. The exhibition will take place between Saturday 4 and Friday 10 February 2023 at GENERATORprojects, 25 - 26 Mid Wynd Industrial Estate, Dundee.

You can view the full opening times of the exhibition - as well as a select number of pieces from the showcase - on our website at sensescotland.org.uk/events-and-exhibitions.

It is advised that you book a free ticket via Eventbrite at bit.ly/3YhgXB1 if you are interested in attending the exhibition in person.

Art and music taster sessions

We are very excited to announce that we have received funding to deliver free art and music taster sessions in Glasgow. These sessions are suitable for people of all ages with communication support needs and will take place throughout February and March 2023.

Each session will last 90 minutes and will take place on Saturdays, with times differing based on the age of the attendee. You can find a full list of the events below.

Music sessions

- 4 February 2023
- 11 February 2023

Art sessions

- 18 February 2023
- 25 February 2023
- 4 March 2023
- 11 March 2023

If you are interested in attending one of the sessions, please book a free place at bit.ly/3kMB9D7. Please note that during sessions, it is required for a parent or carer to stay with the attendee.

VILD anniversary

This month marked the first anniversary of the transfer of RNIB's (Royal National Institute of Blind People) Visual Impairment and Learning Disability (VILD) services to Sense Scotland, bringing over 100 new staff members and 80 families. What a year it's been!

Under Sense Scotland, the services - which are spread across Bishopbriggs, Clydebank, Kirkcaldy and Lochgelly - have seen an action-packed year, with day trips, a roadshow, seasonal activities, and even an extraordinary visit from HRH The Princess Royal. We have celebrated birthdays and singalongs with the people we support, as well as our fantastic staff and volunteers.

We would like to thank RNIB and RNIB Scotland for trusting us to continue delivering these vital services to people with a visual impairment and learning disabilities. Thank you also to the families who have transferred to Sense Scotland over this last year. We look forward to celebrating another wonderful year with you all.