



Valentines Sensory Board

What you need:

- Cardboard
- Paper
- Glue
- Pen/Pencil
- Textured materials i.e. tinfoil, crepe paper, crisp packet, ribbed paper, sponge, cut up cloth, pom poms, foam stickers.



What you need to:

- Draw and cut out heart shapes, using the glue stick onto large cardboard board
- Stick the different material onto the hearts
- Place board beside child and allow to explore with all their senses

Benefits:

- Sensory boards are a fun way for your child to feel so many new textures and objects all in one place. You can put many different household objects or toys on the board for them to touch and feel.



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- Sensory play supports language development, cognitive growth, fine and gross motor skills, problem solving skills, and social interaction.



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