



Bubble Wrap Painting

What you will need:

- Bubble wrap
- Paper
- Paint
- Scissors
- Tape



How to make the game

- Place the paper on the ground, either in your garden or in the house, and tape it down to keep secure.
- Pour paint onto the paper



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- Wrap the child's feet in the bubble wrap securing with tape, if they are in a wheelchair, or they prefer to crawl, just place on the paper on top of the paint.



- Allow them to walk up and down the paper, this will leave footprints, wheel prints on hand and knee prints, depending on how they go up and down the paper. If walking please take extra care as it will be slippery.

Benefits

- Fun: this is a fun activity that include the whole family and can be used with everyone adjusting for their mobility.
- Sensory: walking up and down on the bubble wrap means they can feel the bubbles popping, and the squishy paint, rolling a wheel chair up and down will provide the noise of the bubble wrap as it pops loudly with more pressure.



- Creativity: use different colours of paint to make different patterns, walk, crawl, jump, wheel toys or wheelchairs up and down to see what patterns different things make.
- Great for those that don't like to get messy.



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